



Exclusively Representing
Cynthia Green, PhD - Introduction

Cynthia R. Green, Ph.D. is one of the foremost memory fitness and brain health experts in the U.S. A clinical psychologist, Dr. Green is currently the president of Memory Arts, a company she founded in 2000 to promote brain health education and services. Dr. Green has served on the faculty of the Mt. Sinai School of Medicine in N.Y. since 1990, where she is currently an assistant clinical professor in the Department of Psychiatry. She has held various positions within the Mt. Sinai Alzheimer's Disease Research Center, including serving as a co-principal investigator on several clinical trials. In 1996, Dr. Green founded *The Memory Enhancement Program* at Mt. Sinai, the first hospital-based memory fitness series in the U.S. Dr. Green is author of several books on brain health, including **Total Memory Workout: 8 Easy Steps to Maximum Memory Fitness, Brainpower Game Plan** (with the editors of *Prevention*), and her latest book, **30 Days to Total Brain Health**. She is also the co-author of an activities book for memory challenged adults and caregivers, entitled **Through the Seasons**. Known for her highly engaging presentations, Dr. Green lectures extensively on brain fitness and related topics. Her work has been featured frequently in the media, including *Good Morning America, 20/20, CNBC, Fox, Time, Newsweek, The New York Times*, and *Good Housekeeping*. Originally from North Carolina, Dr. Green lives with her family in Northern New Jersey.